

# TIPTON SPORTS ACADEMY

## Indoor Tennis Programme



**For more details**

Call: 0300 012 0121 (Option 1,2,2)

Email: [lee.marks@slt-leisure.co.uk](mailto:lee.marks@slt-leisure.co.uk)

Website: [www.slt-leisure.co.uk](http://www.slt-leisure.co.uk)



# Mini Tennis: Ages 3 to 10

Mini Tennis coaching sessions are designed for young players to learn tennis in a fun way, using softer balls, smaller courts and rackets.

Session Name	Day & Time	Age	Cost (per session)	Block payment or Pay as you play
Mini Tots	Thursday 4-4.45pm Saturday 9-9.45am	3-4	£4.70	Block Payment Block Payment
Mini Tennis Red	Monday 4-5pm	5-8	£5.70	Block Payment
	Monday 5-6pm			Block Payment
	Tuesday 4-5pm			Block Payment
	Thursday 4-5pm			Block Payment
	Friday 4-5pm			Block Payment
	Saturday 9-10am			Block Payment
	Saturday 10-11am			Pay as you play
	Saturday 2-3pm			Block Payment
Sunday 10-11am	Block Payment			
Mini Tennis Orange	Monday 4-5pm	8-9	£5.70	Block Payment
	Friday 4-5pm			Block Payment
	Saturday 11am-12pm			Pay as you play
Mini Tennis Green	Monday 4-5pm	9-10	£5.70	Block Payment
	Friday 4-5pm			Block Payment
	Saturday 12-1pm			Pay as you play





# Junior Tennis Ages 11 to 16

Our Junior Coaching Programme is for players aged between 11 & 16. In each session you will receive tuition from expert tennis coaches, who will take you through all aspects of tennis from basic shots of the game through to match play and tactics.

Session Name	Day & Time	Age	Cost <small>(per session)</small>	Block payment or Pay as you play
Junior Tennis	Wednesday 5-6pm	11-16	£5.70	Block Payment
Junior Tennis	Friday 5-6pm	11-16	£5.70	Block Payment
Junior Tennis	Saturday 1-2pm	11-16	£5.70	Pay as you play

Block payment sessions will be structured coaching and need to be booked and paid for in advance for each forthcoming period (usually 6 or 7 week blocks).

Pay as you play are drop in sessions and can be paid for on a casual basis as you attend each session.

Occasional missed dates (e.g. the Christmas break and major events) will be advertised in advance on notice boards at Tipton Sports Academy.

Higher level squads & Individual lessons are available. Please speak to a member of the tennis team for further information.

Mini and Junior Tennis competitions are also available.

# Adult Tennis: 16+

At Tipton Sports Academy we offer a range of adult group coaching and community mix in tennis sessions. Players of all levels are welcome to come along and get some top coaching tips, or just mix in with other adults for social play

Session Name	Day & Time	Age	Cost (per session)	Type of Session
Adult Intermediates	Monday 8-9.30pm Monday 9.30-10pm	16+	£12	Coaching Free Play
Adult Beginners & Improvers	Tuesday 7-8pm	16+	£8	Coaching
50+	Wednesday 10am-12pm	50+	£6.70	Community Mix In
Adults am (all levels)	Tuesday 10am - 12pm Thursday 10am-12pm	16+	£8	Coaching
Adult Improvers	Tuesday 7-8pm Thursday 7-8pm	16+	£8	Coaching
Community Tennis	Friday 2-4pm Friday 7-9pm Saturday 6-8pm Sunday 6-8pm	16+	£6.70	Community Mix In

All adult coaching and community tennis sessions are pay as you play and will take place every week of the year.

Occasional missed dates (e.g. The Christmas break and major events) will be advertised in advance on notice boards at Tipton Sports Academy.

Individual lessons and competitions are also available for adults.