

TIPTON SPORTS ACADEMY

Indoor Tennis Programme



For more details

Call: 0300 012 0121 (Option 1,2,2)

Email: lee.marks@slt-leisure.co.uk

Website: www.slt-leisure.co.uk



Mini Tennis: Ages 3 to 10

Mini Tennis coaching sessions are designed for young players to learn tennis in a fun way, using softer balls, smaller courts and rackets.

| Session Name | Day & Time | Age | Cost (per session) | Block payment or Pay as you play |
|--------------------|--|------|-----------------------|-------------------------------------|
| Mini Tots | Thursday 4-4.45pm Saturday 9-9.45am | 3-4 | £4.70 | Block Payment Block Payment |
| Mini Tennis Red | Monday 4-5pm | 5-8 | £5.70 | Block Payment |
| | Monday 5-6pm | | | Block Payment |
| | Tuesday 4-5pm | | | Block Payment |
| | Thursday 4-5pm | | | Block Payment |
| | Friday 4-5pm | | | Block Payment |
| | Saturday 9-10am | | | Block Payment |
| | Saturday 10-11am | | | Pay as you play |
| | Saturday 2-3pm | | | Block Payment |
| Sunday 10-11am | Block Payment | | | |
| Mini Tennis Orange | Monday 4-5pm | 8-9 | £5.70 | Block Payment |
| | Friday 4-5pm | | | Block Payment |
| | Saturday 11am-12pm | | | Pay as you play |
| Mini Tennis Green | Monday 4-5pm | 9-10 | £5.70 | Block Payment |
| | Friday 4-5pm | | | Block Payment |
| | Saturday 12-1pm | | | Pay as you play |



Junior Tennis Ages 11 to 16

Our Junior Coaching Programme is for players aged between 11 & 16. In each session you will receive tuition from expert tennis coaches, who will take you through all aspects of tennis from basic shots of the game through to match play and tactics.

| Session Name | Day & Time | Age | Cost <small>(per session)</small> | Block payment or Pay as you play |
|---------------|--------------------|-------|--------------------------------------|-------------------------------------|
| Junior Tennis | Wednesday 5-6pm | 11-16 | £5.70 | Block Payment |
| Junior Tennis | Friday 5-6pm | 11-16 | £5.70 | Block Payment |
| Junior Tennis | Saturday 1-2pm | 11-16 | £5.70 | Pay as you play |

Block payment sessions will be structured coaching and need to be booked and paid for in advance for each forthcoming period (usually 6 or 7 week blocks).

Pay as you play are drop in sessions and can be paid for on a casual basis as you attend each session.

Occasional missed dates (e.g. the Christmas break and major events) will be advertised in advance on notice boards at Tipton Sports Academy.

Higher level squads & Individual lessons are available. Please speak to a member of the tennis team for further information.

Mini and Junior Tennis competitions are also available.

Adult Tennis: 16+

At Tipton Sports Academy we offer a range of adult group coaching and community mix in tennis sessions. Players of all levels are welcome to come along and get some top coaching tips, or just mix in with other adults for social play

| Session Name | Day & Time | Age | Cost <small>(per session)</small> | Type of Session |
|-----------------------------|--|-----|--------------------------------------|-----------------------------|
| Adult Intermediates | Monday 7-8.30pm | 16+ | £12 | Coaching |
| Adult Beginners & Improvers | Tuesday 7-8.30pm | 16+ | £12 | Coaching |
| Adults AM (all levels) | Tuesday 10am - 12pm Thursday 10am-12pm | 16+ | £8 | Coaching (Special Offer) |
| Adult Improvers | Thursday 7-8:30pm | 16+ | £12 | Coaching |
| Community Tennis | Monday 8.30-10pm Tuesday 8.30 - 10pm Thursday 8.30-10pm Friday 2-4pm Friday 8-10pm Saturday 6-8pm Sunday 6-8pm | 16+ | £6.70 | Community Mix In |

All adult coaching and community tennis sessions are pay as you play and will take place every week of the year.

Occasional missed dates (e.g. The Christmas break and major events) will be advertised in advance on notice boards at Tipton Sports Academy.

Individual lessons and competitions are also available for adults.