How to book a gym session or fitness class online

**STEP ONE**

Visit www.slt-leisure.co.uk and click the menu button in the right hand corner. Then click the 'BOOK ONLINE' tab.

**STEP TWO**

Enter your membership number and either your surname or postcode then click log in. Your membership number can be found on the back of your ONE card.
STEP THREE
On the next page select your centre of choice from the scroll down box and then click 'Submit'.

STEP FOUR
Then select your activity of choice from the scroll down box and submit.
STEP FIVE

On the next page you will be able to see how many spaces are available and the dates & times of your choice. Click on the available spaces to book. The text will read 'SOLD' if there are no more spaces available.

Simple step-by-step guide to join

View future bookings

Log out

You chose Body Combat - Dance Studio

Change selections

TIP: Drag table left to right to see more days and times

<table>
<thead>
<tr>
<th>Time</th>
<th>Thursday 2 Jul</th>
<th>Saturday 4 Jul</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00am</td>
<td></td>
<td></td>
<td>10.00</td>
</tr>
<tr>
<td>6.15pm</td>
<td>35 available</td>
<td></td>
<td>6.15p</td>
</tr>
</tbody>
</table>

STEP SIX

Review your booking then click 'Add to basket'.

You chose Body Combat - Dance Studio

Change selections

<table>
<thead>
<tr>
<th>Member No:</th>
<th>MMO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Name</td>
<td>Mr Joe Bloggs</td>
</tr>
<tr>
<td>Centre</td>
<td>Hadan Hill</td>
</tr>
<tr>
<td>Activity</td>
<td>Body Combat - Dance Studio</td>
</tr>
<tr>
<td>Date</td>
<td>Thursday 02 Jul 2020</td>
</tr>
<tr>
<td>Time</td>
<td>6.15pm</td>
</tr>
<tr>
<td>Duration</td>
<td>0h 45m</td>
</tr>
<tr>
<td>Price</td>
<td>£0.00</td>
</tr>
</tbody>
</table>

Re-calculate

Add to basket
STEP SEVEN

Read our terms and conditions then click 'Proceed to checkout'.

You are accepting SLT's Terms and Conditions. Please read thoroughly before completing your membership application.

Please click here to read Terms and Conditions.

By clicking “Proceed to Checkout” on this stage of the registration you are accepting the above statements.

If you intend to pay by a Visa Debit card please select UK Visa Debit and not Visa on the payment page.

Once you have successfully completed the next payment page, you will receive an automated email with your temporary membership number.

For your convenience please make a note of this number at this stage for your own records as if you are using a kiosk you can present this number to a member of our reception team without checking your emails.

Tip!
If you select 'New Activity' you can add another available activity to your booking.

STEP EIGHT

You'll reach the confirmation page, to complete your order click 'Complete transaction'. You can print your confirmation, you will also receive a confirmation email. When you get to the centre simply read your membership number to the receptionist and they will be able to see your booking.

You can cancel your booking 2 hours before the session. To cancel login as you did to book and at Step 3 click 'View future bookings' You will be able to view your bookings and cancel.

You must cancel 2 hours before your session or you will be charged.