

# PARTY YOURSELF INTO SHAPE.™

The Latin-inspired, easy-to-follow,  
calorie-burning, dance fitness-party™.  
Feel the music and let loose.



**Come along to any session to try the latest FAD!**

**Tipton:**

**Tuesdays 7 – 8pm**

11th January - 16th March  
Alexandra High School, Alexandra Road, DY4 7NR  
Cost: £1 - Ages 16+

**Smethwick:**

**Wednesdays 5-6pm**

12th January - no end date  
Holly Lodge High School, Holly Lane, B67 7JG  
Cost: £2 - Ages 16+

**Rowley:**

**Wednesdays 6.30 – 7.30pm**

19 January – 23 March  
St Michaels C of E High School, Throne Road, B65 9LD  
Cost: £1 - Ages 16+

**Wednesbury:** **Mondays 5.45 – 6.45pm**

31st January – 28th March  
Millennium Centre, Friar Park Road, WS10 0JS  
Cost: £1 - Ages 16+

**FANTASTIC  
VALUE**

**SANDWELL LEISURE TRUST**

**[www.slt-leisure.co.uk](http://www.slt-leisure.co.uk)**

**0121 506 4980**



Time To Get Active



Registered Charity (England & Wales - Registered Number 1102431)

