



## Class descriptions

**Fit4Kidz** A high energy 90-minute session for children involving organised games and free play.

**Football** Skills coaching, small sided games and fun competitions.

**Fun Sessions** Rafts and inflatables in the pool.

**Lifesaving/Junior Lifesaving** Must be competent swimmer, provides foundation skills to becoming a lifeguard.

**Mini Tennis and Schools Out Primary Tennis** Mini tennis coaching includes a basic introduction to all aspects of the game as well as fun activities.

**Junior Tennis and Schools Out Secondary Tennis** Enhance your tennis skills whilst taking part in match play and other fun games.

**Splash Time** Introducing toddlers to water. Learning through play with parents in the water.

**Schools Out Primary Tennis** Mini tennis coaching and fun games.

**Schools Out Secondary Tennis** Tennis coaching, points and games.

**Swim Lessons** 12 week blocks of swimming lessons for swimmers and non-swimmers.

**Trampolining** Learn the basic skills of trampolining.

[www.slt-leisure.co.uk](http://www.slt-leisure.co.uk)  
0845 659 4815

**Haden Hill Leisure Centre**  
Barrs Road, Cradley Heath, B64 7HA  
**Select Option 0**

**Hadley Stadium Leisure Centre**  
Wilson Road Smethwick, B66 4ND  
**Select Option 1**

**Harry Mitchell Leisure Centre**  
Broomfield, Smethwick, B67 7DH  
**Select Option 2**

**Langley Swimming Centre**  
Vicarage Road, Langley, Oldbury, B68 8HS  
**Select Option 3**

**Smethwick Swimming Centre**  
Thimblemill Road, Smethwick, B67 5QT  
**Select Option 4**

**Tipton Sports Academy**  
Wednesbury Oak Road, Tipton, DY4 0BS  
**Select Option 5**

**Wednesbury Leisure Centre**  
High Bullen, Wednesbury, WS10 7HP  
**Select Option 6**

**Brandhall Golf Course**  
Heron Road, Oldbury, B68 8AQ  
**Select Option 7**

**Portway Lifestyle Centre**  
**Open 2013**  
Newbury Lane, Oldbury, B69 1HE  
**Select Option 8**

**Tipton Swimming Centre**  
Queens Road, Tipton, DY4 8ND  
**Select Option 9**

OPEN  
2013

Sandwell Leisure Trust, Sandwell Leisure Trust is a Registered Charity (England and Wales) Registered Number 1102431



DISCOVER YOUR INNER CHAMPION

January - April 2012

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## Fit4Kidz (6-10 year olds)



An initiative to improve children's health. A high-energy 90 minute session of organised games and play, where fun and participation are the key elements. The session uses a variety of equipment such as parachutes, wobble boards, space hoppers, bean bags and balls and are led by fully trained Fit4Kidz instructors.

Fit4Kidz sessions take place at Hadley Stadium and Tipton Sports Academy. See timetable for details.

Why not drop your kids off and have a gym session, go for a swim or attend a fitness class - exercise whilst your kids have fun under the safe supervision of our staff.

## Golf

Learn to play golf at Brandhall Golf Course. Our PGA Professional is available for a range of tuition to suit all abilities from beginner to the more experienced golfer. Junior rates are available for 9 and 18 hole games. For further details call Brandhall Golf Course on **0121 552 2195**.

## Birthday Parties

We offer football, pool, multi-sports, bouncy castle, i-gym and many more types of birthday parties for 5-16 year olds. Each party includes the chosen activity and room hire.



Parties are available at Haden Hill Leisure Centre, Hadley Stadium, Harry Mitchell Leisure Centre, Langley Swimming Centre, Smethwick Swimming Centre, Tipton Sports Academy, Tipton Swimming Centre and Wednesbury Leisure Centre.

## Holiday Camps (5-16 year olds)

SLT run holiday camps for 5 - 16 year olds at our leisure centres. We provide a variety of sports and activities during half terms, Easter, Whitsun and the summer holidays.

The wide range of activities includes all day camps, swim camps, fun sessions, football, snorkelling, racket sports, dance, water polo, athletics and more. Exciting summer day trips are also available.

Ask at your local leisure centre to find out more or download the latest holiday camp timetable from our website.

## Junior Fitness (14-17 year olds)

Our Junior Fitness Fee is exclusive for 14-17 years olds. Anyone aged 14-17 year old who is a Standard Leisure Pass member can participate in any of our fitness classes, or any supervised gym for only £2.00 per session. We offer anyone aged 14-17 years old a FREE Standard Leisure Pass, offering even more great value for money.

The supervised gyms that currently participate in the Junior Fitness Fees are:

**Haden Hill Leisure Centre**  
**Smethwick Swimming Centre**  
**Wednesbury Leisure Centre**

Please contact the centre for times of supervised sessions.

## Clubs

If you are interested in joining a sports club for swimming, athletics or martial arts, please contact the Sports Development and Physical Activity Team on **0121 506 4980**. Visit [www.slt-leisure.co.uk](http://www.slt-leisure.co.uk) for more information.

## Minor Football League

Sandwell Minor League is co-ordinated by the Get into Football Officer and the league offers U8s - U14s in 3 different formats, 7-a-side, 9-a-side and 11-a-side. For more information or to register your interest for next season please contact the team on **0121 506 4980**.



## Sandwell Football Development Programme

The Albion Foundation and Sandwell Leisure Trust are working in partnership to deliver a football specific programme to boys and girls between 5-11 years of age. For further information contact the Albion Foundation on **0871 271 9840** or to book your place please contact the Leisure Centre.

## Swim School

Sandwell Leisure Trust offer a public instruction swimming programme at all of its five pools. We offer a fully comprehensive range of awards working to the National Plan for Teaching Swimming (NPTS) endorsed by the Amateur Swimming Association.



Sandwell Leisure Trust's Swim School, with support from voluntary clubs, offer a comprehensive range of water sports. For example; personal survival, water polo, life saving, pool lifeguard, competitive swimming and sub-aqua.

If you are interested in becoming a Lifeguard or swimming teacher, courses are available at Langley Swimming Centre and Smethwick Swimming Centre.

For further information on Swim School or courses, please contact **0845 659 4815**.

## Tennis Development

Our tennis development programme aims to get people of all ages and abilities playing tennis. Tipton Sports Academy is a great tennis facility, boasting 6 indoor and 4 outdoor courts and has achieved the prestigious Club Mark award for its tennis facilities and programme.

We offer an extensive coaching programme, from mini tennis through to junior performance. We also run pay and play open access sessions for children who are new to the sport. For more information please call the team on **0121 506 4980**



## Athletics Training

Sandwell Leisure Trust has established a solid foundation for local athletics and has seen a comprehensive development programme put into place. As a result athletics is thriving in Sandwell.

Come and try Athletics at Tipton Sports Academy with resident Club Tipton Harriers on Tuesday and Thursday evenings 6.00 pm to 8.00 pm. Easter and Summer programmes also available.

Athletics training is also available at Hadley Stadium. If you are interested in getting into athletics, please contact our Sport Development & Physical Activity Team on **0121 506 4980**.



## Under 8's Policy

### Under 8's Child Admission Policy for Public Swimming Sessions Adult Responsibility

Following a review by the Health & Safety Executive and the Institute of Sport and Recreation Management on child admission, Sandwell Leisure Trust's Child Admission Policy allows:

Adult responsibility

#### Main Pool

● **ONE ADULT** can be responsible for **TWO CHILDREN** between the ages of 4 and 7 years old.

● **ONE ADULT** can be responsible for **ONE CHILD** aged 0-3 years old (in these circumstances an adult can only be responsible for another child who is 8 years of age and over).

#### Small Pool

● **ONE ADULT** can be responsible for **THREE CHILDREN** aged between the ages of 4 and 7 years old.

● **ONE ADULT** with one child aged between 0-3 years can be responsible for another child aged between the age of 0 years and 7 years old.

● Once admitted the Adult is expected to remain with any children at all times and will need to go into the water with them. Adults are also requested to remain in the same pool water with any children that meet the Swimming Competency Test criteria. Weak and non-swimmers will be asked to wear armbands to ensure safety during their time in the water.

#### Definition of an Adult for this Policy

An Adult must be a responsible person, who is at least 16 years of age and can provide proof of their age if requested by a representative of Sandwell Leisure Trust.

#### Competent Swimmers aged 7 years and under

May be exempt from these ratios if they are able to complete Sandwell Leisure Trust Swimming Competency Test. Once admitted the Adult is expected to remain in the same pool water with the children at all times.

Sandwell Leisure Trust reserves the right to request proof of a child's age.

# www.slt-leisure.co.uk

## Timetable 2011

For swim times please see main timetable or visit [www.slt-leisure.co.uk](http://www.slt-leisure.co.uk)

KEY

+ Please contact centre for starting date  
\* SLT managed activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Haden Hill Leisure Centre</b> <small>*Activities may change during school breaks.</small>	06.30-07.30 Swim Club (5+) 15.00-17.00 Junior Racquets* 17.30-19.00 Ju Jit Su (5+) 18.30-22.00 Swim Club (5+)	11.00-12.00 Splash Time* 15.00-17.00 Junior Racquets* 16.00-19.30 Swim School (5+)* 18.00-21.15 Swim Club (5+)	12.00-13.00 Splash Time* 15.00-17.00 Junior Racquets* 18.00-20.30 Swim School (5+) 20.30-22.30 Lifesaving (8+)	12.00 13.00 Splash Time* 15.00-17.00 Junior Racquets* 19.45-22.15 Swim Club (5+)	12.00 13.00 Splash Time* 15.00-17.00 Junior Racquets* 16.00-19.30 Swim School (5+)* 19.30-22.00 Swim Club (5+)	07.55-13.00 Swim Lessons (5+)* 09.00-17.00 Junior Racquets*	15.00-20.00 Swim Club (5+)
<b>Hadley Stadium Leisure Centre</b>	19.30-20.30 Athletics (School Years 8+)			18.00-19.00 Trampoline (5-15)*	17.30-19.00 8-a-side football league (14-19)	09.15-10.45 Football Coaching (6-13) 11.00-12.30 Fit4Kidz (6-10)* 13.30-15.00 Karate Arts Development (6+)	
<b>Harry Mitchell Leisure Centre</b>	18.30-21.00 Warley Weightlifting (10-17) 18.30-19.30 Judo (8-12) 18.30-20.00 Judo (12+) 20.00-21.00 Judo (15+)	18.30-19.30 Judo (6-8) 19.00-20.30 Kung Fu (7-17)	18.30-21.00 Warley Weightlifting (10-17) 20.00-22.00 Model Car Club (15-17)	18.30-19.30 Judo (8-12) 20.00-21.30 Judo (15+)	18.30-21.00 Warley Weightlifting (10-17) 18.30-20.00 Target Martial Arts (4+)	09.00-17.00 Badminton* 15.00-16.00 Sakiado (7-17)	09.00-17.00 Badminton*
<b>Langley Swimming Centre</b>	16.00-17.30 Swim School (5+)* 16.30-17.30 Swim School (Pre school)*	12.00-13.00 Splash Time* 17.30-18.30 Swim School (Pre school)* 16.00-18.30 Swim School (5+)*	16.00-18.00 Swim School (5+)* 18.00 - Swim School (pre-school)*	16.00-18.30 Swim School (5+)* 18.00 - Swim School (pre-school)*	09.30-10.30 Splash Time* 16.00-18.30 Swim School (5+)* 18.00 - Swim School (pre-school)*	08.00-09.00 Lifesaving (10-16)* 09.00-12.30 Swim School (5+)* 13.00-14.00 Fun Session (open age under 8 policy applies)*	
<b>Smethwick Swimming Centre</b>	16.00-17.30 Swim School (5+)* 19.00-21.00 Karate (7+)		19.00-21.00 Karate (7+)	16.00-18.30 Swim School (5+)* 16.30-18.30 Drama (5-17)	11.00-12.00 Splash Time*	09.00-13.30 Swim School (5+)*	
<b>Tipton Sports Academy</b>	16.00-17.00 Mini Tennis Red (4-8)* 16.00-17.00 Mini Tennis Orange (8-9)* 16.00-17.00 Mini Tennis Green (10)* 17.00-18.00 Medal Squad Tennis (11-16)* 18.00-19.00 Karate (7+)	16.00-17.00 Schools Out Primary Tennis (4-11)* 18.00-20.00 Harriers Training (9+)	17.00-18.00 Football Development Programme (5-7) 18.00-19.00 Football Development Programme(8-11)	18.00-20.00 Harriers Training (9+)	16.00-17.00 Mini Tennis Red (4-8)* 16.00-17.00 Mini Tennis Orange (8-9)* 16.00-17.00 Mini Tennis Green (10)*	10.00-11.00 Mini Tennis Red (4-8)* 10.00-11.00 Football Development Programme (5 - 7) 11.00-12.00 Mini Tennis Orange (8-9)* 11.00-12.00 Football Development Programme (8 - 11) 11.00-12.30 Fit4Kidz (6-10)* 12.00-13.00 Mini Tennis Green (10)* 13.00-14.00 Junior Tennis (11+)*	
<b>Tipton Swimming Centre</b>	18.00-19.00 Fun Session (open age Under 8 policy applies)*	12.00-13.00 Splash Time* 16.00-18.30 Swim Lessons (5+)* 16.30-17.30 Party Room Hire	17.00-18.00 Fun Session (open Age Under 8 Policy applies)*	12.00-13.00 Splash Time* 16.00-18.30 Swim Lessons (5+)*	16.00-18.15 Swimming Lessons (5+)* 16.00-17.00 Party Hire	09.00-13.00 Swim School 12.00-13.00 Fun Session (open age under 8 policy applies)*	
<b>Wednesbury Leisure Centre</b>	18.45-20.45 Wednesbury Swim Club (6-17)	16.00-18.30 Swim School	12.00-13.00 Splash Time* 16.00-18.15 Swim School 19.00-20.00 ECKA Karate Club (7-13) 19.30-20.30 Westbury Lifesaving Club (8-17) (must be able to swim)	12.00-13.00 Splash Time* 16.00-18.15 Swim School 19.00-20.30 Wednesbury Swim Club (6-17)	12.00-13.00 Splash Time* 16.00-18.15 Swim School (5+)*	08.15-13.15 Swim School (5+)* Programme (8-11) 11.00-12.00 Rookie Lifesaving (10-17)* (must be a competent swimmer)	

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